

Fall Into Gardening (10/6/18) Resource List

What Can I Plant?

-Washington State University Gardening website: <http://gardening.wsu.edu/>

-Cover Crops for Home Gardens West of the Cascades FS111E:

<https://s3.wp.wsu.edu/uploads/sites/2079/2015/06/Cover-Crops-for-Home-Gardens-West-of-the-Cascades-WSU.pdf>

-Methods for Successful Cover Crop Management in Your Home Garden FS119E:

<http://cru.cahe.wsu.edu/CEPublications/FS119E/FS119E.pdf>

-Oregon State University Gardening website: <https://extension.oregonstate.edu/gardening>

-Fall and Winter Vegetable Gardening in the Pacific Northwest PNW 548:

<https://catalog.extension.oregonstate.edu/sites/catalog/files/project/pdf/pnw548.pdf>

Extending the Season

-See "Fall and Winter Vegetable Gardening in the PNW" above

-University of Maine Extending the Garden Season: <https://extension.umaine.edu/publications/2752e/>

-University of Maine Floating Row Cover: <https://wimastergardener.org/article/floating-row-cover/>

-Raised Bed Gardening:

https://catalog.extension.oregonstate.edu/sites/catalog/files/project/pdf/fs270_1.pdf

-How to Build Your Own Raised Bed Cloche:

<https://catalog.extension.oregonstate.edu/sites/catalog/files/project/pdf/ec1627.pdf>

-"Four-Season Harvest" by Eliot Coleman, Chelsea Green Publishing, 1999

Attracting Winter Pollinators

- Northwest website for plants, descriptions, and ordering plants: <https://plantlust.com/>

- Website for plant descriptions and critiquing mail order plant sites: <https://davesgarden.com/products/gwd/>

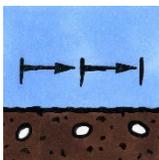
Garden Clean Up

-How to build a compost pile EB1784E: <http://cru.cahe.wsu.edu/CEPublications/eb1784e/eb1784e.pdf>

-How to encourage beneficial insects, especially butterflies and bees: <https://xerces.org/>

French Breakfast Radish: https://www.seedsavers.org/french-breakfast-organic-radish?custcol_sca_sizeweightqty=7

Direct Seed: 1" Apart



Seed Depth: 1/2"



Rows Apart: 12"



Thin: 2-3" Apart



Instructions - Sow seeds outdoors as soon as soil can be worked in spring. Plant in full sun. Successive plantings can be made every 3-4 weeks throughout summer and fall to provide a continual harvest.

WSU Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

SEED SAVER FACTS

- Select seeds from healthy plants with desired qualities e.g. color, fragrance

Dry Collecting (where seeds grow on the outside of the plant)

- Seeds need to dry on the plant and seedpods should be collected before they break open
- When the seedpods and stem holding them are brown, the seeds are mature and ready to harvest... viability of the seeds is more assured
- Have a container to collect the seeds...only one type of seed/seedpod per container
- Label the seed container as they are collected
- Collect seeds when dry...if wet, remove them from the seedpod immediately and lay them on a seed drying screen to prevent mold

Wet Processing (where seeds grow in the inside of a fruit or vegetable)

- Allow the fruit to reach full maturity on the plant
- When the fruit is ripe cut it open and scoop out the seeds
- Clean the seeds from the fruit/pulp
- Wet seeds vary in their processing—some are simply washed, and others soak in water(fermenting)
- Dry the seeds on a drying screen or Styrofoam plate...no paper

Storage Tips

- Store seeds in a small plastic bag, paper envelope or small glass jar with a lid
- Store in a cool, dry, dark place...keep away from sunlight
- Label with botanical name, the date the seed was collected and a picture of the plant in bloom
- Place individual packets in a large container e.g. a drawer, shoe box with a lid or a large mason jar
- Container should be airtight with a drying agent, e.g., a tbsp of rice or a scoop of powdered milk in a small bag
- Do not store seeds in a garage, barn or storage shed
- Ideal storage temperature is 32-41 degrees F
- Can refrigerate or freeze seeds for 24 hours before storing in the long-term storage container...helps kill pests
- Refrigerator crisper drawer is ideal place for storing seeds